

The Eleventh Sunday After Pentecost

8:00 and 10:00 a.m., Sunday, August 4, 2024

*Newcomers and visitors, we welcome you warmly.
May you find here, by the grace of God, that which feeds your soul.
May you leave here with a heart prepared to serve.*



*Photo from the commemoration of the 50th anniversary of women's ordination
On Sunday, July 21, 2024.*

*If this is your first time here, we invite you to fill out a Welcome Card
found in the pews and on the Welcome Table in the courtyard.*

Our worship together begins with a musical prelude. Thank you for observing a prayerful silence as we feel God's presence among us.

Prelude (10:00 a.m.)

Sonata no. 3: ii. Andante Tranquillo

Felix Mendelssohn (1809-1847)

Hymn At The Procession (10:00 a.m.)

Hymnal, #408

Sing Praise to God Who Reigns Above

The people stand.

Opening Acclamation

Blessed be the one, holy, and living God.

Who brings all things into being and calls them good.

Land Acknowledgement

The earth is God's and all that is in it.

the world and all who dwell therein.

We acknowledge that St. Mary's dwells on the traditional land of the Muwekma Ohlone People. As we gather today, we pay respect and reverence for these native peoples, who have stewarded this land throughout generations, while not forgetting our own sin of the colonization of this land. *Amen.*

Gloria In Excelsis

at 8:00 a.m., the following is said in unison

at 10:00 a.m., the following is sung



1. Glo - ry to God in the high - est, and peace to his peo - ple on earth.



2. Lord God, hea - ven - ly King, al - might - y God and Fa - ther, we wor - ship you,



we give you thanks, we praise you for your glo - ry. 3. Lord Je - sus Christ,

on - ly Son of the Fa - ther, Lord God, Lamb of God,

4. you take a - way the sin of the world; have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther; re - ceive our prayer.

6. For you a - lone are the Ho - ly One, you a - lone are the Lord,

7. you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,

in the glo - ry of God the Fa - ther. A - men.

The Collect Of The Day

God be with you.

And also with you.

Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Word

The First Lesson

Exodus 16:2-4,9-15

The people are seated.

A Reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Hear what the Spirit is saying to God's people.

Thanks be to God.

Gradual Psalm

Psalm 78:23-29

8:00 a.m.: read responsively by half verse

10:00 a.m.: chanted by all, seated.

John Stainer
(1840-1901)



- ²³ So he commanded the / clouds ' a-/bove *
and / opened ' the / doors ' of / heaven.
- ²⁴ He rained down manna upon / them ' to / eat *
and / gave ' them / grain ' from / heaven.
- ²⁵ So mortals ate the / bread ' of / angels; *
he provided / for ' them / food ' e-/nough.
- ²⁶ He caused the east wind to blow / in ' the / heavens *
and led out the / south ' wind / by ' his / might.
- ²⁷ He rained down flesh upon / them ' like / dust *
and winged birds / like ' the / sand ' of the / sea.
- ²⁸ He let it fall in the midst / of ' their / camp *
and / round ' a-/bout ' their / dwellings.
- ²⁹ So they ate and / were ' well / filled, *
for he / gave ' them / what ' they / craved.

The Second Lesson

Ephesians 4:1-16

A Reading from the Letter of Paul to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive; he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Sequence Hymn (10:00 a.m.)

Hymnal, #339

Deck Thyself, My Soul, With Gladness

All stand.

The Gospel

John 6:24-35

The people remain standing.

The Holy Gospel of our Savior Jesus Christ according to John.

Glory to you, Lord Christ

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said

to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of our Savior.

Praise to you, Lord Christ.

The Homily

The people are seated.

The Very Rev. Eric Metoyer

The Nicene Creed

All stand.

Celebrant: In the belief in the love of God, embodied in the person of Jesus, and spread through the Cosmos by the Holy Spirit, we pray, saying together:

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit

he became incarnate from the Virgin Mary,
and was made truly human.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified.
who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Let us pray for the revealing of the reign of God in the world, now and always.

Creator of earth, sea, and sky, kindle the fire of your Spirit within us that we may be bold to heal and defend the earth, and pour your blessing upon all who work for the good of our world. God, Giver of life,

Hear our prayer.

Breath of life, receive our thanks for the beauty of our local habitat and all who dwell in it, and grant us the wisdom and will to conserve it. God, Giver of life,

Hear our prayer.

Source of life, heal and redeem the wounds of your creation, and visit the places and people who suffer from our indifference, neglect, and greed. God, Giver of life,

Hear our prayer.

Lover of all you have made, we thank you for the wondrous diversity of your creatures, and we pray for their well-being. God, Giver of life,

Hear our prayer.

Author of the book of nature, receive our gratitude for places of restoration and healing, and continue to bless those places that feed our lives and spirits.

God, Giver of life,

Hear our prayer.

Wise Creator, whose works are full of mystery, give us wonder and appreciation for your creatures with whom we find ourselves in conflict. God, Giver of life,

Hear our prayer.

Giver of all good gifts, awaken us daily to our dependence upon your bounty, and make us always thankful for the abundance of your blessings. God, Giver of life,

Hear our prayer.

Divine Physician, heal our communities, especially those where neglect, greed, or violence inflict suffering upon people and other creatures. God, Giver of life,

Hear our prayer.

Comforter of all the earth, sustain the people of this gathering who desire or need your presence and help. We pray for those who have asked for our prayers, especially (N.) and others you may now name. God, Giver of life,

Hear our prayer.

Rock and Refuge of all your creatures, receive into your everlasting presence all those who have died [N.] and others you may now name.

God, Giver of life,

Hear our prayer.

The Celebrant concludes the prayers with the following Collect.

Gracious Creator, you made the world and declared it to be good: the beauty of the trees, the softness of the air, the fragrance of the grass speaks to us; the summit of the mountains, the rhythms of the ocean speak to us; the freshness of the morning mist and fog, the dewdrops on blooms speak to us. Above all, our heart soars, for you speak to us in Jesus the Christ, in whose name we offer these prayers. *Amen.*

Confession Of Sin

The Celebrant says

Let us confess our sins to God and all creation.

The people stand or kneel.

Celebrant and people, saying in unison

God of compassion, we confess that we have squandered your creation, and mistreated one another in our lives and on this land. We are truly sorry and we humbly repent.

Fill us with your Spirit, that we may care for all that you have made, according to your will and in the fullness of your love; through Jesus Christ our Redeemer. *Amen.*

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The peace of Christ be always with you.

And also with you.

The Ministers and the People share the peace of Christ with one another.

Greetings and Announcements

The people are seated.

The Holy Communion

Offertory Sentence

The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

Offertory Anthem (10:00 a.m.)

O Taste and See

Ralph Vaughan Williams (1872-1958)

Sung by St. Mary's Summer Choir

O taste and see how gracious the Lord is: blessed is the man that trusteth in thee.

-Ps. 34

Hymn At The Presentation

Hymnal, #308

O Food to Pilgrims Given

The people stand.

The Great Thanksgiving

The People stand.

God the Creator is here.

God's Spirit is with us.

Lift up your hearts.

We lift them to God our Creator.

Let us give thanks to the Lord our God.

It is right to offer our thanks and praise.

God the Creator, our Great Spirit, from the depths of our hearts we give you thanks, now and forever. From the place of the rising sun in the East, to the South where the warm winds blow, from the West where the soft rain comes, to the coldness of the North. We unite with all creation from the four directions to join in the everlasting thanksgiving and praise for the gift of Jesus Christ.

With hearts lifted, we join the angels, the guardian spirits, the saints, and all our ancestors as we say:

Sanctus & Benedictus (8:00 a.m.)

Holy, holy, holy Lord,

God of power and might,

heaven and earth

are full of your glory.

Hosanna in the highest.

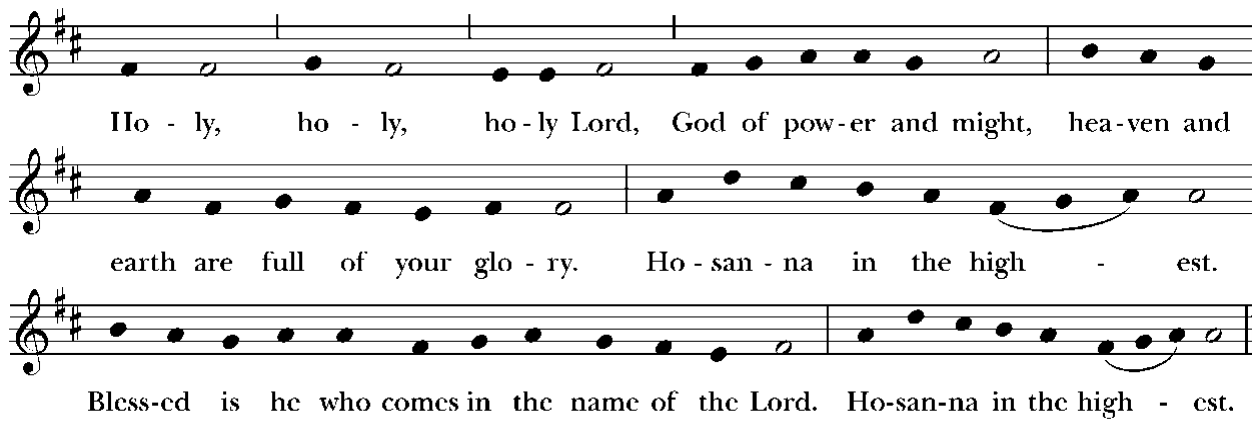
Blessed is the one

who comes in the

name of the Lord.

Hosanna in the highest.

Sanctus & Benedictus (10:00 a.m.)



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The People stand or kneel.

O Great Spirit, our Creator from whom all holiness comes, we come before you again today. Just as in generations past, like our grandmothers and grandfathers, we come to worship you and acknowledge your greatness and marvel at your creation.

You sent Jesus into creation because people had turned away from you and no longer loved each other, bringing death and destruction. Sharing our living and dying, Jesus opened our eyes and our hearts to understand that we are all relatives and that you are our Great Spirit the Creator.

Stretching out his arms upon the cross, he became a perfect offering for all, uniting in beauty all that is, with all that has been, and with all that ever will be.

On the night Jesus was handed over to suffering and death, our Lord Jesus Christ took bread, gave thanks to you, broke it, and gave it to the disciples, and said, "Take, eat: this is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; gave thanks, gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen,

Christ will come again.

In this ceremony which Jesus gave us, we celebrate our salvation. In our offering of praise and thanks, we stand in the memory, strength, and love of Jesus' death, resurrection, and ascension. Remembering all of this, we make our offering.

By your Holy Spirit, make our gifts holy, so that they may be spiritual food and drink. Make us holy, so that we may respectfully receive this feast and serve you in each other.

Surrounded now by our ancestor saints, St. Okuhhatuh, Beloved Enmegahbowh, Blessed Mary, the Christ Bearer, and all saints and all angels, with the heavenly community which gives you worship forever. May we also live in unity and live as relatives.

United in Christ with all who stand before you on earth and heaven, we worship you, God the Creator, our Great Spirit, in songs and dance of infinite praise. Blessing, honor and glory be yours, here and everywhere, now and for ever.

AMEN.

The Lord's Prayer

As our Savior Christ has taught us, we now pray.

People and Celebrant

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,
as we forgive those
who sin against us.

Save us from the time of trial,
and deliver us from evil.

For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

The Breaking of the Bread

Whoever comes to me shall not hunger.

And whoever believes in me shall never thirst

Agnus Dei (10:00 a.m.)

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Invitation To Communion

So, come to this table, you who have much faith and you who would like to have more. You who have been to this sacrament often, and you who have not been for a long time. You who have tried to follow the way of Jesus and you who have failed. Come. It is Christ who invites us to meet him here.

These are the gifts of God for the people of God.

The Communion

All who desire to know God are invited to receive the consecrated Bread and Wine. Gluten free wafers are available upon request. If you prefer to receive a blessing, please simply cross your arms over your chest.

The people are seated.

Sending Of The Eucharistic Visitor (When Needed)

In the name of this parish family, we send you forth bearing these holy gifts. Together we share in the body and blood of Christ.

Though we are many, we are one body because we share one heavenly feast.

Post-Communion Prayer

The People stand.

In thanksgiving for this feast, let us pray.

Said in unison

Lord of all Creation,
As we have received the bread and wine,
fruits of the earth and tokens of salvation,
so with joy we celebrate your goodness
and commit ourselves to serve you on your earth,
through Jesus Christ our Lord.
Amen.

Blessing

Hymn At The Retiring Procession (10:00 a.m.)

Hymnal, #690

Guide Me, O thou Great Jehovah

Dismissal

In the name of the Light that came into the world, go in peace.

Thanks be to God.

Postlude (10:00 a.m.)

Sonata no. 2: Allegro maestoso e vivace

Mendelssohn

Alternative Liturgy for Summer: Indigenous Peoples

The liturgy today is adapted from various sources of Indigenous Peoples Christian Liturgy. Major components have been widely used by the Diocese of California and other Episcopal and Anglican communities in North America. Special liturgical acknowledgement to the Church of the Four Winds, Portland, Oregon and St. John in the Wilderness Protestant Episcopal Church, Red Lake, Minnesota.

Announcements at St. Mary the Virgin

Welcome Visitors And Guests

August 4, 2024

Thank you for wrapping your prayer with ours today. We welcome all that seek the Holy. St. Mary's prays, celebrates, and serves our community and our neighbors as we strive to live as the body of Christ in the world. Check out the announcements at the back of the service bulletin for more ways to connect with us or email office@smvsf.org and we will stay in touch with you. We look forward to traveling this journey of faith with you.

Summer in the City

Today, Sunday, August 4

with the Rev'd Dr. Ruth Myers

Dear Friends, The Summer in the City series continues with longer conversations about the recent General Convention of The Episcopal Church, which occurred in the last week of June. Deputy Rev. Ruth Meyers, PhD, professor of liturgics and Church Divinity School of the Pacific, will speak on the Future of the Book of Common Prayer, including some of the proposed changes that were discussed during the Convention. Fr Eric's report from convention was in his 7/7/24 sermon: https://www.smvsf.org/podcasts/sermons/?podcast_id=215

Dr. Meyers is Hodges-Haynes Professor of Liturgics at Church Divinity School of the Pacific, past president of North American Academy of Liturgy, and author of several books.

Jameson Caps Guest Organist

While Eric Choate is away on vacation, we welcome Jameson Caps, St. Mary's organ scholar, to the organ bench for our 10 a.m. service.

Summer in the City

Adult Formation Series

Continuing through August 18

Summer is here! It's a great time to stay outside and move our bodies, and it's also a good time to stretch our minds. The Summer in the City series features speakers from around the Bay Area in conversation with other leaders of the church. We'll hear from a pastor in Egypt, deputies of General Convention, a local author and memoirist, and others.

August 4th – Rev. Ruth Meyers, PhD: The Future of the Book of Common Prayer. Dr Meyers is Hodges - Hayes Professor of Liturgics at Church Divinity School of the Pacific and Deputy to Convention for DioCal.

August 11th - Ms. Cara Meredith, author of *The Color of Life*, 2019. Ms. Meredith will speak about 'How to be an ally', a reflection on next steps following 'Standing on Sacred Ground.'

August 18th - The Intersection of Science and Religion with Dr. Braden Molhoek, Center for Theology and Natural Sciences
Join us at 9 a.m. in the Great Room upstairs for absorbing conversation with thought leaders of the Church.

Presentations will also be recorded and available online in the week following.

Thank You For Your Pledging!

The stewardship and finance teams wish to thank all the parishioners who have made a pledge for 2024 and given half or more of their pledge by the end of July. If you have not yet pledged for 2024 or are unsure of your pledge status please email the finance office: finance@smvsf.org.

Feast of St. Mary Sunday, August 18

All morning on Sunday, August 18th, we will be celebrating the feast of our patronal saint, Saint Mary, the mother of Jesus. As Mary's signature color is blue, there will be blue treats to indulge in at coffee hour on this celebratory day!

Blessing of the Backpacks Sunday, August 25

Get ready for a special service at 10 a.m. on Sunday, August 25th as we celebrate both students and teachers who are heading back to school. With youth acolytes and lectors and a children's homily, we'll be welcoming back our families who have been away over the summer. Whether you're a teacher or any kind of student, bring your backpack, laptop bag, or briefcase for a special blessing for the new school year.

Summer Alternative Liturgy

Through mid-August, St. Mary's celebrates Indigenous Peoples and Native communities by worshipping with an alternative liturgy that reaches beyond the customary offerings of our standard liturgical cycle. This liturgy embodies the time-honored spirituality of Indigenous People that is grounded in an expansive vision of the triune God and a deep reverence of creation.

To complement our summer worship, St. Mary's continues the annual "Summer in the City" Adult Formation Series that explores the alternative liturgy through the lens of Anglican/Episcopal history, cultural tradition and relevance to the world around us and our own contemporary lives.

As an Episcopal people bound together by common prayer, the Ubuntu adage "I am because you are." is the cornerstone of St. Mary's summer liturgy. Please join us on summer Sundays to experience the Great Spirit of God's presence in new and unexpected ways at the 8:00 or 10:00 a.m. worship services and the 9:00 a.m. "Summer in the City" series in the Great Room.

Parish Work Party

Save the Date:

Saturday Morning, August 24

Join fellow parishioners in giving St. Mary's a thorough cleaning to prepare for the new program year. This is a great way to learn about our buildings and grounds, to feel and see the result of our work together, and to get to know one another better. We'll meet in the courtyard at 8:00 AM and work through 11:30, when lunch

will be provided. If you know of anything that needs cleaning, fixing, disposal, or any other attention, please let Arthur Perkins or Sandy Stadtfeld know – they’re compiling a work list with tasks appropriate for all ages, heights, and abilities. You can sign up in the courtyard during Sunday services through August 18, or contact Sandy via email at: sandy.stadtfeld@gmail.com.

Indigenous Traditions and Liturgy:

Want to learn more?

Two resolutions regarding the inclusion of Indigenous land acknowledgements in the church’s corporate life and worship were passed at the 80th General Convention of The Episcopal Church in 2022. In response to these resolutions, many congregations and dioceses followed suit and began the practice of including land acknowledgements in their worship and during their public meetings. During the recently completed 81st. General Convention this summer, a resolution to adopt a prayer of remembrance that expresses the church’s remorse for its role in “irreparable harm” suffered by Indigenous children who attended boarding schools.

Honoring Indigenous people for their resilience, faithfulness, wisdom, and respect for the Earth and all of creation is only a first step of a call to us. A land acknowledgment prayer is truth-telling. Land acknowledgments recall what occurred years ago and its long term impact on the way we live today. It is also a confession of how the corporate church contributed to or was complicit in the

process of colonization of Western Hemisphere Indigenous peoples and an admission that while we are not directly responsible for what our ancestors did in the past, we do shoulder responsibility for what we do today, knowing that the colonization process still exists, and the effects it has on Indigenous people. Land acknowledgement is a call to stand with Indigenous people in the continuing struggles to recover from the effects of genocide and enforced assimilation into the dominant society.

A church’s land acknowledgement statement and prayer are intended to be the start of a process that leads to something more than mere words and ultimately result in carrying out our Baptismal Covenant of “striving for justice and peace among all people and respect the dignity of the earth and every human being” and actively living into a right relationship with humanity and creation.

Journey to the Holy Land - Update

Just as we continue to pray for peace in the Holy Land, so a growing band of hopefuls continues to plan for our 2025 pilgrimage. Places are still available on a first come, first serve basis. A deposit of \$750 per person, *fully refundable* until January 2025, is required to reserve a place. Please see www.smvsf.org/pilgrimage-2025 to view the itinerary and register interest, and please address any questions to Max Kirby at pilgimage@smvsf.org.

Summer Choir

If you love to sing, you are invited to join for Summer Choir, which begins on Sunday, 16 June. We meet in the church at 9:00 a.m. and learn the music together to sing during the liturgy. No commitment required – simply show up if you would like to join!

Ongoing Weekly Offerings

***Tuesdays at 10:00 a.m. in the Chapel**

Please join us Tuesdays at 10 a.m. in the Chapel for a time to time to breathe, center yourself, and feel God's presence while silently being one in community. For those unfamiliar with Centering Prayer, our time will include a Breathing Meditation, 15-20 minutes of silent prayer, followed by an opportunity for prayer requests and thanksgivings, and close with the Lord's Prayer. Those who wish may remain for a time of sharing. Please feel free to contact Debbie Veatch at veatchdl@gmail.com or 415-244-3515 with any questions.

We Pray For...

PARISHIONERS, RELATIVES and FRIENDS

Robert Manette
Michael Powers
Family of David Slora
Jerry and Patti Plymire
Betsy and Jim Flack
Glenda
Jessica
Family of Jack Howison
Roulhac Austin
Randy Smedal
Jeanne Lacy
Divine Anthony and family
Lido Cantarutti
Michael Secour
Margaret Rafferty
Asad Korgan
Alyssa Fenton Humphries

IN DISCERNMENT

Michael Stafford

RECENTLY DECEASED

Donna Kline
David Slora
Jack Howison
Gene Rhinehart
Audine Burkhart
John Fetter
Michelle (Kuo) deCastro
Sarah Gibson
Kelly Guest

CONTINUING PRAYERS

Please remember these individuals who have ongoing concerns in your personal prayers this week.

Deborah
Gordon Bellis
June
Kevin Teeney
The Community at the Heritage & St. Francis
Jane
Quinn Charles Fay
Erich
Simon
Phyllis Shepherd
Shirlee Martin
Will Driscoll
The Crossley Family
Kevin Fisher Paulson
David Schade
Bill
Dani May
Sarah Ellwein
Yuming Kuo
Valerie Schneider

The Episcopal Church of St. Mary the Virgin

Tel. (415) 921-3665 2325 Union Street, San Francisco, California www.smvsf.org

Church Office Hours:

Tuesday through Friday

9:30 a.m. - 4:00 p.m.

Vestry

Russell Fudge, *Senior Warden*

Linda Woodworth, *Junior Warden*

Barbara Bernard, Elizabeth Falcon, Rick Darwin, Lynne Dombrowski,

Nicole Elliott, Whitney Gough, Jim Griffith, Amy Nachman,

Georgia Burke Lu, and Sandy Stadtfeld

email: vestry @smvsf.org

St. Mary's Staff Directory

All phone extensions are for 415.921.3665

The Rev. David L. Erickson

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Thank you for Joining Us at St. Mary the Virgin



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